

Figure 3-3. Female hairstyle standards

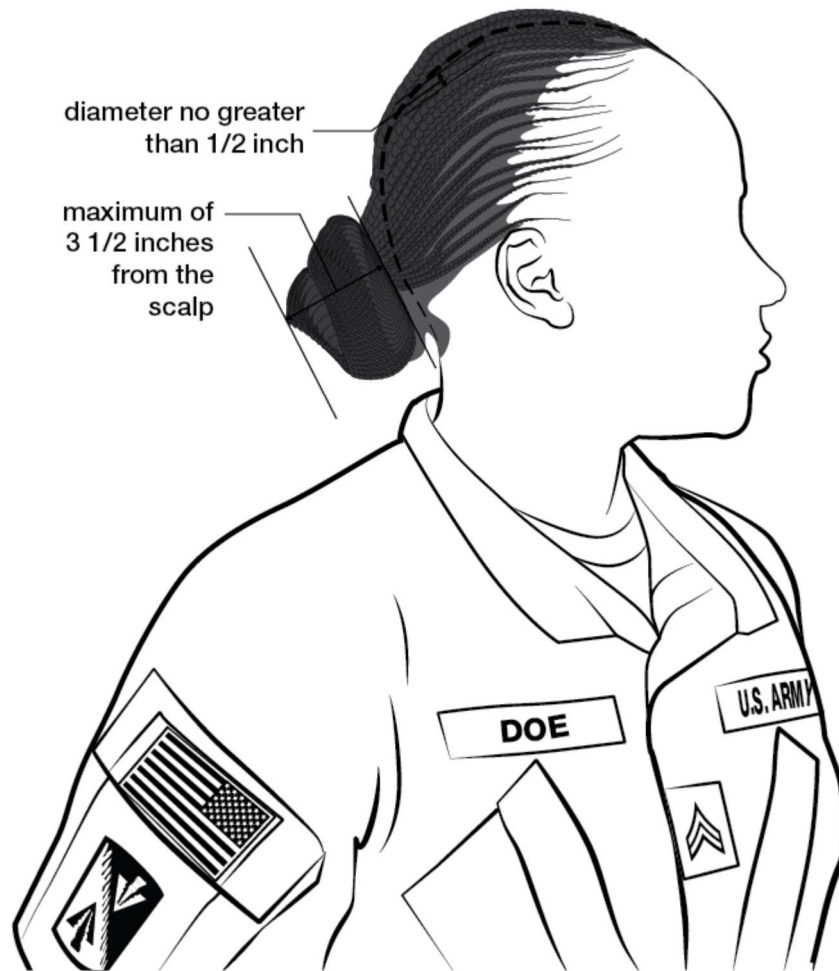


Figure 3-4. Measurement figure

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### 3-3. Tattoo, branding, and body mutilation policy

*Note.* This paragraph is punitive with regard to Soldiers. Violation by Soldiers may result in adverse administrative action and/or charges under the provisions of the UCMJ.

*a.* Tattoos and brands are permanent markings that are difficult to reverse (in terms of financial cost, discomfort, and effectiveness of removal techniques). Before obtaining either a tattoo or a brand, Soldiers should consider talking to unit leaders to ensure that they understand the Army tattoo and brand policy. The words tattoo and brand are interchangeable in regards to this policy.

*b.* The following types of tattoos or brands are prejudicial to good order and discipline and are, therefore, prohibited anywhere on a Soldier's body:

(1) *Extremist.* Extremist tattoos or brands are those affiliated with, depicting, or symbolizing extremist philosophies, organizations, or activities. Extremist philosophies, organizations, and activities are those which advocate racial, gender, or ethnic hatred or intolerance; advocate, create, or engage in illegal discrimination based on race, color, gender, ethnicity, religion, or national origin; or advocate violence or other unlawful means of depriving individual rights under the U.S. Constitution, and Federal or State law (see AR 600-20).

(2) *Indecent.* Indecent tattoos or brands are those that are grossly offensive to modesty, decency, propriety, or professionalism.

(3) *Sexist.* Sexist tattoos or brands are those that advocate a philosophy that degrades or demeans a person based on gender.